

	Monday 10/3/2022	Tuesday 10/4/2022	Wednesday 10/5/2022	Thursday 10/6/2022	Friday 10/7/2022
BREAKFAST Fresh <i>and</i> Invigorating	Yogurt Parfait w/ Berry Compote and Granola Fresh Fruit	Biscuit Egg and Cheese Sandwich Fresh Fruit	NO SCHOOL Yom Kippur	Egg and Cheese Breakfast Burrito Fresh Fruit	Whole Grain Pancakes Turkey Sausage Fresh Fruit
SIGNATURE INSPIRED • INNOVATIVE • IN-STYLE	Potato and Cheese Pierogis, Diced Chicken Broccoli Sour Cream Fresh Fruit	Chili Tex-Mex Bowl Chili Baked Sweet Potato Wedges Cheese Sauce Seasoned Corn Fresh Pineapple	NO SCHOOL Yom Kippur	Garlic Lemon Herb Chicken Seasoned Rice Cucumber Salad Hummus and Pita Fresh Fruit	Crispy Chicken Tenders, Cheesy Au Gratin Potatoes, Roasted Broccoli Fresh Grapes
PIZZA OVEN-FRESH <i>and</i> HANDCRAFTED	Pesto Chicken Pizza Cheese Pizza	Broccoli and Cheddar Pizza Cheese Pizza	NO SCHOOL Yom Kippur	Buffalo Chicken Pizza Cheese Pizza	Turkey Pepperoni Pizza Cheese Pizza
GRILL SIZZLING, SEASONED & SASSY	Grilled Chicken Sandwich Hand-Pressed Cheeseburgers	Double Dogs Sandwich Hand-Pressed Cheeseburgers	NO SCHOOL Yom Kippur	Chicken Parmesan Sandwich Hand-Pressed Cheeseburgers	Spicy Chicken Sandwich Hand-Pressed Cheeseburgers
WRAPPED DELICIOUS <i>and</i> PORTABLE	Build-Your-Own Fresh Wrap Choose from the following selections: Chicken, Turkey, Tuna, Assorted Cheeses, Lettuce, Onions, Cucumbers, Pickles, Honey Mustard, Mayo, Lite Ranch				
SALAD BAR Crisp, Crunchy & Nutritious	Create-Your-Own Fresh Salad Daily Choice of: Romaine, Spring Mix, Spinach Protein Choices: Diced Chicken, Turkey, or Tuna Assorted Toppings: Cucumbers, Onions, Tomatoes, Peppers, Chopped Eggs, Croutons, Shredded Cheese				

Contact your Chef Resident Director, Mark Jacobs, at 216-295-4342
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