

Middle School



	Monday 5-29-2023	Tuesday 5-30-2023	Wednesday 5-31-2023	Thursday 6-1-2023	Friday 6-2-2023
BREAKFAST Fresh Invigorating	NO SCHOOL MEMORIAL DAY	Bagel Egg and Cheese Sandwich Fresh Fruit	Hot Cinnamon Oatmeal w/ Raisins	Breakfast Pizza, Egg, Cheese Turkey Sausage Fresh Fruit	Glazed French Toast w/ Strawberry Compote
SIGNATURE Inspired • Innovative • In-style	NO SCHOOL MEMORIAL DAY	Build-Your-Own Beef or Chicken Tacos Mexican Rice Corn and Bean Salsa, Fresh Pineapple	Meatball Sub Mashed Potatoes and Gravy Seasoned Peas and Carrots, Baked Apples	General Tso Chicken, Steamed Rice Sesame Broccoli Veggie Egg Roll Fresh Fruit	Baked Potato Bar with Chili Broccoli Cheese Sour Cream Fresh Grapes
PIZZA OVEN-FRESH MANDCRAFTED	NO SCHOOL MEMORIAL DAY	Taco Pizza Cheese Pizza	Chicken Ranch Pizza	Vegetable Pizza Cheese Pizza	Turkey Pepperoni Pizza
			Cheese Pizza	Spicy	Cheese Pizza
GRILL SIZZLING, SEASONED & SASSY	NO SCHOOL MEMORIAL DAY	Philly Sandwich	Black Bean Burger	Chicken Sandwich	Cheese Quesadilla
		Hand Pressed Cheeseburgers	Hand Pressed Cheeseburgers	Hand Pressed Cheeseburgers	Hand Pressed Cheeseburgers
≥DOS M&NOS≥	Enjoy Your Favorite a Burrito, a Salad, a Bowl or Nachos Choose from the following selections:				

DOS MANOS

Chipotle Chicken, Seasoned Beef, Lime Cilantro Rice, Black Beans Toppings include Lettuce, Cheese, Salsa's, Sour Cream, Guacamole



Create-Your-Own Fresh Salad

Daily Choice of: Romaine, Spring Mix, Spinach Protein Choices: Diced Chicken, Turkey, or Tuna

Assorted Toppings: Cucumbers, Onions, Tomatoes, Peppers, Chopped Eggs, Croutons, Shredded Cheese

Contact your Chef Resident Director, Mark Jacobs, at 216-295-4342 or email Jacobs_m@shaker.org for questions or comments.



