

Shaker Heights Schools

Food Zone

November 2021 Breakfast Menu MS

Monday	Tuesday	Wednesday	Thursday	Friday
1 Whole Grain Banana Bread Fruit Cup 100% Juice	2 Apple Strudel Fresh Fruit 100% Juice	3 Whole Grain Cereal Craisins 100% Juice	4 Pillsbury Cinnamon Filled Bagel Fresh Fruit 100% Juice	5 Whole Grain Mini Waffles Apple Sauce 100% Juice
8 Fruit Muffin Fruit Cup 100% Juice	9 Whole Grain Strawberry Pancakes Fresh Fruit 100% Juice	10 Whole Grain Cereal Craisins 100% Juice	11 Whole Grain French Toast Fresh Fruit 100% Juice	12 Cinnamon Pretzel Stick Apple Sauce 100% Juice
15 Whole Grain Banana Bread Fruit Cup 100% Juice	16 Apple Strudel Fresh Fruit 100% Juice	17 Whole Grain Cereal Craisins 100% Juice	18 Pillsbury Cinnamon Filled Bagel Fresh Fruit 100% Juice	19 Whole Grain Mini Waffles Apple Sauce 100% Juice
22 No School-Thanksgiving Break	23 No School-Thanksgiving Break	24 No School-Thanksgiving Break	25 No School-Thanksgiving Break	26 No School-Thanksgiving Break
29 Whole Grain Banana Bread Fruit Cup 100% Juice	30 Apple Strudel Fresh Fruit 100% Juice	1 Whole Grain Cereal Craisins 100% Juice	2 Pillsbury Cinnamon Filled Bagel Fresh Fruit 100% Juice	3 Whole Grain Mini Waffles Apple Sauce 100% Juice
Breakfast \$1.75				

Menu Subject to Change

Any questions please call the Food Service Director Mark Jacobs 216.295.4342
This institution is an equal opportunity provider.

