



	9-18-2023	9-19-2023	9-20-2023	9-21-2023	9-22-2023
	Blueberry Muffin Fresh Fruit Fruit Juice	Bagel Sandwich Fresh Fruit Fruit Juice	Whole Grain Waffles Fresh Fruit Fruit Juice	Breakfast Pizza Fresh Fruit Fruit Juice	Cinnamon Roll Fresh Fruit Fruit Juice
	Macaroni and Cheese Green Beans Fresh Fruit	Street Tacos Taco Beef, Shredded Lettuce, Cheese, Diced Tomatoes Black Beans Salsa Fresh Fruit	Raider Bowl Popcorn Chicken Mashed Potatoes Corn Gravy Fresh Fruit	Grilled Cheese and Tomato Soup Roasted Edamame Fresh Fruit	Cheese Pizza Mixed Greens Salad Baby Carrots
	Garden Salad	BBQ Chicken Salad	Garden Salad	Turkey & Cheese	Chicken Caesar Salad
	Grilled Cheese Sandwich	All American Cheeseburger	Popcorn Chicken Bites	Cheese-filled Bread Sticks with Marinara	Grilled Chicken Sandwich
	Ranch Chicken Wrap with Cheddar Cheese	Turkey and Cheese Bagel Sandwich	Veggie Wrap	BBQ Chicken Wrap	Sun Butter and Jelly Sandwich
	<p>Daily Choice of: Romaine, Spring Mix, Spinach Assorted Toppings: Cucumbers, Onions, Tomatoes, Peppers, Snap Peas Fresh Daily Assorted Fruits</p>				



Contact your Chef Resident Director, Mark Jacobs at 216-295-4342 or at Jacobs_m@shaker.org

