

# ASTHMA ACTION PLAN FOR SCHOOL

Student's Name \_\_\_\_\_ School \_\_\_\_\_

## TO BE COMPLETED BY HEALTH CARE PROVIDER

Please circle student's known asthma triggers: **pollens**      **stress/anxiety**      **cold air**      **exercise**

**allergy (please specify)** \_\_\_\_\_ **other** \_\_\_\_\_

Current medications for asthma control: \_\_\_\_\_

Asthma medication to be given at school: \_\_\_\_\_

Is student capable and responsible for self-administering this medication?    **Yes**    **No**

May student carry inhaler?      **Yes**      **No**

*Note: A school district may choose to follow more restrictive procedures regarding student's self-administration.*

If an asthma attack occurs at school, follow these steps:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

Other special instructions: \_\_\_\_\_

**Date:** \_\_\_\_\_ **Health Care Provider Signature:** \_\_\_\_\_

## TO BE COMPLETED BY PARENT/GUARDIAN

### **I understand that:**

if symptoms are not relieved by steps taken above and indicate the need for emergency care, school personnel will activate the 911 emergency system.

if my child does not keep an inhaler in the health office and/or self-administers medication in locations other than the health office, it is my responsibility to review with my child when he/she should come to the health office for additional medical assistance.

if I am not available at numbers listed on reverse side, contact:

**Name** \_\_\_\_\_ **Phone number** \_\_\_\_\_

**Additional Comments:** \_\_\_\_\_

**Parent/Guardian Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

## TO BE COMPLETED BY SCHOOL

**Date received at school** \_\_\_\_\_

**Nurse Signature** \_\_\_\_\_ **Principal Signature** \_\_\_\_\_