

SCHOOL MEALS***CONVENIENT******ECONOMICAL******HEALTHY****"We serve education
Every day"***SHAKER HEIGHTS CITY SCHOOLS LUNCH MENU****WOODBURY****FEBRUARY 2009****Lunch: \$2.50***"We think Lunch**Because they can't think
without it"*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 All Beef Hot Dog Corn PhysEdibles Orange Slices Low Fat Milk Choices	3 Whole Grain Pizza Side Salad Fruit Cup Banana Low Fat Milk Choices	4 Popcorn Chicken Salad Mini Muffin Oreo Cookies Fruit Cup Low Fat Milk Choices	5 Baked Spicy Chicken Strips Mini Muffin Sweet Potatoes Grapes Low Fat Milk Choices	6 Macaroni & Cheese Bread Stick Green Beans Fruit & Juice Bar Low Fat Milk Choices
9 "BRUNCH for LUNCH" Scrambled Eggs Sausage Muffin w/ Raisins Fruit Juice Low Fat Milk Choices	10 COOK'S CHOICE	11 Whole Grain Pizza Side Salad Raisins Fruit Cup Low Fat Milk Choices	12 Reduced Fat Grilled Cheese Sandwich Tomato Soup Goldfish Crackers Grapes Low Fat Milk Choices	13 Beef Ravioli Dinner Roll Green Beans Fruit Cup Low Fat Milk Choices
16 PRESIDENTS' WEEKEND HOLIDAY NO SCHOOL	17 Whole Grain Pizza Potato Wedges Raisins Fruit Cup Low Fat Milk Choices	18 Baked Chicken Nuggets Wheat Bread/Margarine Carrot Sticks Fruit Cup Firecracker Low Fat Milk Choices	19 Baked Spicy Chicken Strips Dinner Roll Green Beans Fruit Shape Up Low Fat Milk Choices	20 Whole Grain Pasta w/ Meatballs Bread Stick Tossed Salad Fruit Shape Up Low Fat Milk Choices
23 Reduced Fat Cheeseburger Lettuce & Tomato Corn Fruit Cup Fruit & Juice Bar Low Fat Milk Choices	24 Chicken Fajita w/ Rice Dinner Roll Green Beans Grapes Low Fat Milk Choices	25 Whole Grain Pizza Side Salad Raisins Fruit Cup Low Fat Milk Choices	26 Meatball Sub Baked Chips Mixed Vegetables Banana Low Fat Milk Choices	27 COOK'S CHOICE

MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE
Prepayment is available for your convenience at www.shaker.org