***The Impressions I Make***

**How do you think others perceive you? Be as reflective and honest as possible.**

Identify the top 5 traits you think your **coworkers** see in you \_\_\_\_\_\_\_\_\_\_\_\_ (color)

Identify the top 5 traits you think your **friends** see in you \_\_\_\_\_\_\_\_\_\_\_\_ (color)

Identify the top 5 traits you think your **students** see in you \_\_\_\_\_\_\_\_\_\_\_\_ (color)

\_\_\_\_\_\_ Creative

\_\_\_\_\_\_ Clever

\_\_\_\_\_\_ Sarcastic

\_\_\_\_\_\_ Lazy

\_\_\_\_\_\_ Funny

\_\_\_\_\_\_ Withdrawn

\_\_\_\_\_\_ Opinionated

\_\_\_\_\_\_ Admirable

\_\_\_\_\_\_ Confident

\_\_\_\_\_\_ Calm

\_\_\_\_\_\_ Easily Agitated

\_\_\_\_\_\_ Intelligent

\_\_\_\_\_\_ Imaginative

\_\_\_\_\_\_ Serious

\_\_\_\_\_\_ Open-Minded

\_\_\_\_\_\_ Judgmental

\_\_\_\_\_\_ Quiet

\_\_\_\_\_\_ Stressed

\_\_\_\_\_\_ Motivated

\_\_\_\_\_\_ Adaptable

\_\_\_\_\_\_ Social

\_\_\_\_\_\_ Tolerant

\_\_\_\_\_\_ Fair

\_\_\_\_\_\_ Honest

\_\_\_\_\_\_ Easily Annoyed

\_\_\_\_\_\_ Organized

\_\_\_\_\_\_ Micro-manager

\_\_\_\_\_\_ Aloof

\_\_\_\_\_\_ Good listener

\_\_\_\_\_\_ Strong

Reflect: Why do you think most people form these opinions of you? What about you enables people to draw these conclusions? How do you manage the impressions you make upon others?

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**How do you perceive yourself? Be as reflective and honest as possible.**

Identify the top 5 traits you believe best identify your “true” self \_\_\_\_\_\_\_\_\_\_\_\_ (color)

\_\_\_\_\_\_ Creative

\_\_\_\_\_\_ Clever

\_\_\_\_\_\_ Sarcastic

\_\_\_\_\_\_ Lazy

\_\_\_\_\_\_ Funny

\_\_\_\_\_\_ Withdrawn

\_\_\_\_\_\_ Opinionated

\_\_\_\_\_\_ Admirable

\_\_\_\_\_\_ Confident

\_\_\_\_\_\_ Calm

\_\_\_\_\_\_ Easily Agitated

\_\_\_\_\_\_ Intelligent

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\_\_\_\_\_\_ Serious

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\_\_\_\_\_\_ Judgmental

\_\_\_\_\_\_ Quiet

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\_\_\_\_\_\_ Adaptable

\_\_\_\_\_\_ Social

\_\_\_\_\_\_ Tolerant

\_\_\_\_\_\_ Fair

\_\_\_\_\_\_ Honest

\_\_\_\_\_\_ Easily Annoyed

\_\_\_\_\_\_ Organized

\_\_\_\_\_\_ Micro-manager

\_\_\_\_\_\_ Aloof

\_\_\_\_\_\_ Good listener

\_\_\_\_\_\_ Strong

Reflect: To what extent do you allow others to see your “true” self? How does this impact your relationships with your co-workers, friends, and most importantly for this discussion, your students?

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**How do you want your students to see you?**

Identify the top 5 traits that you strive to be \_\_\_\_\_\_\_\_\_\_\_\_ (color)

\_\_\_\_\_\_ Creative

\_\_\_\_\_\_ Clever

\_\_\_\_\_\_ Sarcastic

\_\_\_\_\_\_ Lazy

\_\_\_\_\_\_ Funny

\_\_\_\_\_\_ Withdrawn

\_\_\_\_\_\_ Opinionated

\_\_\_\_\_\_ Admirable

\_\_\_\_\_\_ Confident

\_\_\_\_\_\_ Calm

\_\_\_\_\_\_ Easily Agitated

\_\_\_\_\_\_ Intelligent

\_\_\_\_\_\_ Imaginative

\_\_\_\_\_\_ Serious

\_\_\_\_\_\_ Open-Minded

\_\_\_\_\_\_ Judgmental

\_\_\_\_\_\_ Quiet

\_\_\_\_\_\_ Stressed

\_\_\_\_\_\_ Motivated

\_\_\_\_\_\_ Adaptable

\_\_\_\_\_\_ Social

\_\_\_\_\_\_ Tolerant

\_\_\_\_\_\_ Fair

\_\_\_\_\_\_ Honest

\_\_\_\_\_\_ Easily Annoyed

\_\_\_\_\_\_ Organized

\_\_\_\_\_\_ Micro-manager

\_\_\_\_\_\_ Aloof

\_\_\_\_\_\_ Good listener

\_\_\_\_\_\_ Strong

Reflect: How are you striving to embody those traits you wish to be? What are the roadblocks you encounter to be that person with your students? What can you do on a day-to-day basis to be who you want to be with students?

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