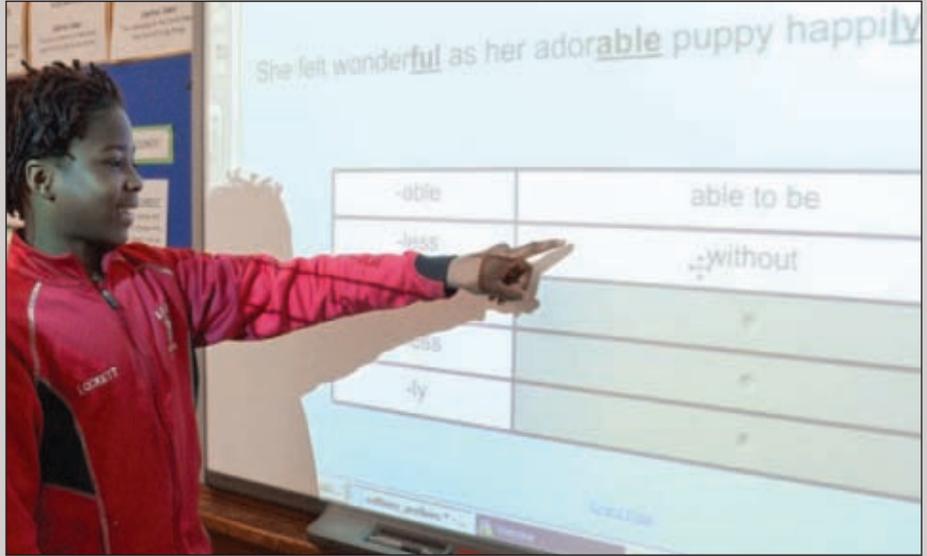


On October 8, Come Tour Your Schools



If you haven't been in the Shaker Schools lately, you're missing a lot. On October 8, you'll have a chance to see the International Baccalaureate curriculum in action, revisit your children's kindergarten classroom, learn a few phrases of Mandarin, or see what the grandkids are making in art class.

The Shaker Schools roll out the red carpet to all community members on Monday, October 8, for Tour Your Schools Day. Tours will be offered from 9:30 am to noon and from 1 to 2:30 pm



at all five of the K-4 buildings, Woodbury School, Shaker Heights Middle School, and Shaker Heights High School.

No appointment is necessary; all visitors will be asked to sign in at the main office of the schools they visit. Volunteers, students, and staff members are eager to welcome visitors and to show them around.

Principals have set aside special times to meet with prospective residents and parents who are considering the Shaker Schools.

They are as follows:

K-4 schools	10:30 am
Woodbury	9:30 am
Middle School	1 pm
High School	11 am

Can't make it that day? Residents, prospective residents, and parents who are considering the Shaker Schools can request a tour online at shaker.org/planyourvisit.aspx or by calling the school's main office.

School Board Appoints New Member

Amy H. Fulford was appointed to the Shaker Heights Board of Education to complete the unexpired term of Jennifer



Fulford

Mearns, who relocated out of state with her family.

Fulford, a business strategist with finance and marketing expertise, is the founder and president of enlight, a management consulting firm

based in Beachwood. Prior to founding the firm, she worked in a variety of roles at The Boston Consulting Group, Alcoa

Inc., Procter & Gamble, and Huntington Bank.

She and her husband Andy are the parents of a Fernway student and a preschooler. "As parents of young children, we are heavily invested in the continuing strength of the Shaker Schools and community," Fulford says.

Fulford holds a BS in Economics and Government from Centre College in Danville, Kentucky, and an MBA in Strategy and Finance from the University of Chicago's Booth School of Business. She has been named one of the Top Ten Business Women Owners in Northeast Ohio by the Cleveland Chapter of the National

Association of Women Business Owners.

Fulford provided her services pro bono to review the District's operations and identify opportunities for improving efficiency. Since 2011, she has been a member of the Schools' Finance and Audit Committee, a volunteer advisory group of residents with expertise in business and finance. In addition, she has served on the boards of Youth Opportunities Unlimited and the Shaker Heights Development Corporation.

After soliciting and reviewing applications from residents, the Board of Education unanimously approved Fulford's appointment at its July 10 meeting. Her

term of office will run through the end of 2013.

“I’m honored to have been appointed to the Board and eager to contribute,” she says. “With great educators, strong leadership and community support, the District is well positioned to keep moving forward.”

The Board elected William L. Clawson to replace Mearns as its Vice President.

Celebrity Speakers

The Shaker Schools Foundation is pleased to present two nationally known speakers who will help us understand what the future holds in technology and health.

In celebration of its 30th anniversary and the Centennial of the Shaker Schools and community, the Shaker Schools Foundation is bringing information technology guru David Pogue and wellness expert Dr. Michael Roizen for speaking engagements at the High School. Both have connections to Shaker Heights, and promise two extraordinary evenings of education and entertainment.

On **Tuesday, October 2**, David Pogue (SHHS ’81) will share his vast knowledge of technology and human nature with



Pogue

his hometown community in a program entitled “The Twitter Evolution.”

Pogue is a columnist, speaker, writer, and news correspondent. His subject is personal technology, by way of music, theater, and magic. The son of Dick and Pat Pogue, David studied English, music, and computer science at Yale University, graduating summa cum laude in 1985, with distinction in music. He moved to New York and spent a decade conducting and arranging musicals, while also teaching and writing about Apple products.

Pogue writes a weekly tech column for The New York Times and a monthly tech column for Scientific American. Known for his wry humor as well as his expertise, he hosts “NOVA ScienceNow” and other

science shows on PBS and has been a correspondent for “CBS Sunday Morning” since 2002.

With over three million books in print, Pogue is one of the world’s bestselling how-to authors. He wrote or co-wrote seven books in the “for Dummies” series, and in 1999, launched his own series, Missing Manuals, which now includes 120 titles. More information is available at davidpogue.com.

The October 2 presentation is a benefit event, with all proceeds supporting the Shaker Schools Foundation’s Legacy Fund. To purchase tickets, call the Foundation at 216-295-4329 or visit shaker.org/foundation. Prices are \$30 for one ticket, or two for \$50.

On **Tuesday, October 16**, Dr. Michael Roizen will present “RealAge and You: The Cleveland Clinic Experience



Roizen

on Controlling Your Genes and What it Means for You.” This free program is presented as part of the Shaker Centennial and is sponsored by The Cleveland Clinic.

Roizen is a Shaker resident and chief wellness officer and chair of the Wellness Institute at The Cleveland Clinic. Through his writing and media appearances, he has become one of America’s most prominent advocates of healthier lifestyles, putting scientific research in terms that laypeople can understand

and act on.

He is a graduate of Williams College and the School of Medicine at the University of California, San Francisco. Before joining the Clinic in 2005 as chair of the Anesthesiology Institute, Roizen was on the faculty at the University of California, San Francisco; chaired the Department of Anesthesia and Critical Care at the University of Chicago; was dean of the School of Medicine and vice president for Biomedical Sciences at SUNY Upstate; and served as CEO of the Biotechnology Research Corporation of Central New York. In 2007, Roizen was named chief wellness officer at The Cleveland Clinic, the first such position in a major health-care institution in the United States.

Roizen is a past chair of a Food and Drug Administration advisory committee, founder or co-founder of 12 companies, and a former editor for six medical journals. In addition, he is the best-selling author of *RealAge: Are You as Young as You Can Be?*; *The RealAge Diet: Make Yourself Younger With What You Eat* and *Cooking the RealAge Way* (with Dr. John LaPuma); *The RealAge Makeover*; and, with Dr. Mehmet Oz, *YOU: The Smart Patient*, *YOU: On A Diet, the Owner’s Manual for Waist Management*, and *YOU: Staying Young, the Owner’s Manual for Extending Your Warranty*. He has appeared numerous times on television, has written for magazines and newspapers, and hosts a weekly radio program for Terrestrial.

Roizen’s appearance is open to the public and free of charge. 🍀



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