



# Shaker Heights Schools



## Lunch February

## Elementary

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Chunked Turkey w/ Mashed Potatoes Steamed Peas Roll Strawberry Cup	2 Corn Dog Green Beans Diced Peaches	3 Sloppy Joe Sandwich Baked French Fries Fresh Fruit
6 BBQ Grilled Chicken Sandwich Potato Rounds Fresh Fruit	7 <u>Shaker's Famous</u> Mac & Cheese Peas Roll Apple Sauce	8 Chicken Enchilada Rice Corn Peach Cup	9 Grilled Cheese Tomato Soup Fresh Fruit	10 Cheeseburger Baked Smiley French Fries Fresh Fruit
13 Chicken & Noodle Casserole Tossed Salad w/ Dressing Diced Pears	14 <u>Breakfast for Lunch!</u> Waffle Egg Omelet Strawberry Cup	15 Baked Pasta Honey Roasted Carrots Mixed Fruit	16 Beef Burrito Rice Corn Fresh Fruit	17 Chicken Sandwich Baked French Fries Fruit Cup
20 Closed Presidents Day 	21 Fajita Chicken Rice Green Beans Mixed Fruit	22 Chicken Nuggets Baked French Fries Fresh Fruit	23 Turkey Hot Dog w/ Chili Potato Rounds Fresh Fruit	24 Cheese Pizza Tossed Salad w/ Dressing Fresh Fruit
27 Cheeseburger Baked French Fries Fresh Fruit	28 Sweet & Sour Chicken Rice Broccoli Fresh Fruit	29 Baked Pasta w/ Meat Sauce Peas Wheat Roll Fresh Fruit		

Sun Butter - A peanut butter substitute made from sunflower seeds.

\* Alternate Entree Choice  
Low-Fat Milk Served Daily

**Fun Food Fact: The largest watermelon ever grown weighed 262 pounds!**

Menu Subject to Change

### Elementary Lunch \$2.85

Lunch Includes: Entrée, Two Servings of Fruits or Vegetables, One Serving of Grain or Bread, One Low-Fat Milk  
Please discuss any food allergy issues concerning your child with Executive Chef Stefanie Tuma 216.295.4342

No child will be discriminated against because of race, color, national origin, age or disability.  
If you believe you have been discriminated against, write to the Department of Agriculture, Washington, D.C. 20250

